

電子通訊



惜食堂11週年

今年是惜食堂成立11週年，我們沒甚麼慶祝活動，亦因為疫情嚴峻而作出不同的防疫措施，義工、社區中心堂食、熱餐及大部份恆常回收等服務都需要暫停，以致整個惜食堂都較以往冷清。雖然如此，我們的心沒有冷卻，反之更為火熱，在困難的情況下仍堅持向服務使用者提供食物援助服務，服務形式更多元化。

我們只要回想起11年前，首批長者接過我們飯餐後的燦爛笑容，加上既安心又滿足的表情，內心的一團火就不斷變得熾熱及強大。加上這11年期間，我們遇到無數熱心慷慨的企業及善長仁翁、不問回報的義工、堅守自己崗位的同事，大家都讓我們不忘初心，實踐「停止浪費·解決飢餓·以愛相連」的信心更堅定不移。在此，衷心感謝大家，在過去11年，與惜食堂並肩而行，披荊斬棘，盼望在未來日子，繼續攜手將愛傳遍每一個角落。

艱苦中的一點甜



大雄(化名)原本是一位導遊，與太太及12歲兒子過著小康生活。但近兩年，疫情嚴重打擊旅遊業，大雄亦不能倖免而失業，為著生計，只好考慮轉換其他行業，故報讀了保安課程；無奈地，他年紀大，身體陸續出現痛症，難以找到新工作。失業期間，大雄只好靠積蓄及借貸去維持生活，但最終都捱不下去，只好向惜食堂社工求助。大雄與社工訪談期間，按捺不住自己的情緒，將內心累積的壓力釋放出來，放聲嚎哭……他覺得愧對家人，尤其是剛升中的兒子，唯有節衣縮食，寧自己捱餓都讓家人先吃。

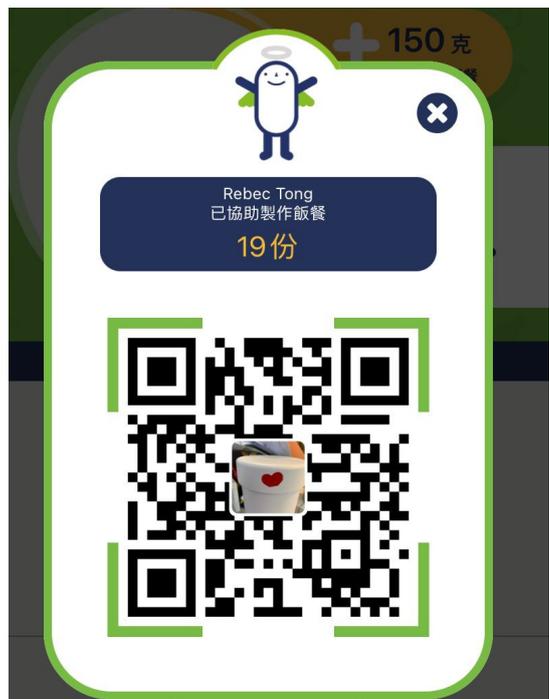
惜食堂自從推出了「賽馬會逆境同行食物援助計劃」--「自在食」速凍餐自助提取機服務後，適時為大雄這班受疫情影響的市民提供食物援助。大雄自從獲得這項服務後，坦言紓緩了不少壓力，起碼自己能吃得飽，家人亦獲得足夠的營養。除了每天都有不同飯餐及餸菜外，更有湯水及小食的選擇，大雄感受到社會對他們一家的愛，現時亦積極面對生活，努力找尋新工，期望早日戰勝「疫」境。



「智·惜食夥伴」計劃

科技發展迎來不少新常態，食物捐贈亦走向智能化，近日惜食堂得到滙豐銀行慈善基金支持及贊助，推出本港首個智能食物捐贈項目-「智·惜食夥伴」計劃。計劃下惜食堂代表「米仔」將走進社區，協助大家一起捐贈食物，目標在三年內拯救逾40萬公斤食物。

「米仔」化身成為智能捐贈機/收集箱的一部分，並配備輕觸式互動屏幕，大家只需跟隨屏幕指示就能輕鬆捐贈剩食(乾貨)及獲取計劃資訊



如捐贈機/收集箱的放置地點、服務狀況及食物捐贈小貼士等。在「米仔」陪伴下，捐贈者就能在有趣的環境下，提升對惜食的認識及體驗。而捐贈的剩食，將協助惜食堂製作膳食或食物包，免費派發給有食物援助需要的人士。

計劃分階段在不同處所放置捐贈機/收集箱，如商場、商廈、屋苑、學校或企業等地，請到網站了解或下載手機應用程式獲取更多資訊。

歡迎加入，與我們一起成為「智·惜食夥伴」。

回應疫情新設服務

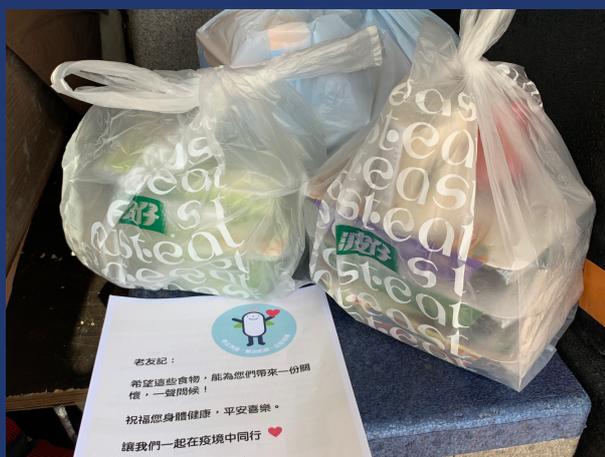
第五波新冠疫情持續嚴峻，確診個案屢創新高；嚴重影響基層市民生活，惜食堂立即展開不同的新服務，務求更貼合服務使用者需要。



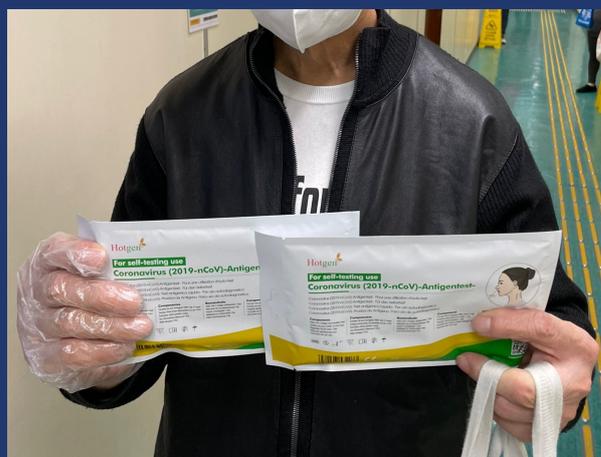
「防疫用品自助機」，會員可以靈活快捷的方式領取物資



透過手機應用程式發放電子食物券，服務使用者可自行到超市領取食物



採用第三方速遞公司運送食物到行動不便或需要隔離的服務使用者家中



派發防疫物資包，回應服務使用者需求

疫情以來，惜食堂的服務使用者是以往的數倍。我們希望連結社會各方資源，發揮守望相助的精神，服務更多社會上有需要的人。

我們感謝各定期捐助者的支持，並將於4月底前寄發2021-2022財政年度的收據，敬請留意。

E-NEWSLETTER



The 11th Anniversary of Food Angel

This year marks the 11th anniversary of the establishment of Food Angel. Due to the pandemic, there won't be any celebration activities. Our Volunteer Service, Community Canteen, Hot Meal Service and other food rescue services are also temporarily suspended.

It fuels our passion whenever we recall the smiling faces of the first group of elderly who received our meals 11 years ago. In addition, during the past 11 years, we are fortunate to have met countless generous donors, enthusiastic volunteers, and committed colleagues. Thanks to every one of you, Food Angel is able to carry out our mission "Waste Not. Hunger Not. With Love" with confidence. With all of you walking by our side on this journey, we will continue to spread love to every corner.

Bittersweet



Tom was a tour guide who lived with his wife and 12-year-old son. Unemployed due to the pandemic, he once enrolled in a security course in hopes of landing a new job. But because of his physical condition and old age, he was unable to find one. He sustained for a period with his own savings and loans from friends, but eventually, he sought help from our social workers. During the interview, Tom could no longer hold back the heavy pressure and emotions and started crying... He felt guilty towards his family, especially his son who had just started secondary school. The only thing he could do was to starve himself and let his family eat first.

Food Angel launched the "Automated Food Dispenser Service" of Jockey Club Food Assistance Programme to assist cases like Tom, providing them with daily meals along with soup and snacks. Tom feels the heavyweight lifted from his shoulders, that he no longer needs to worry about feeding himself and his family. He kept thanking the community for their support, saying it pushes him to keep trying hard on finding a new job.



"FOOD SMART BUDDY"

The development of science and technology has ushered in a number of the new norm, and food donation is also becoming smart. Recently, Food Angel has received support and sponsorship from the Hongkong Bank Foundation to launch the first smart food donation project in Hong Kong. Under the project, our representative "Rice Boy" will go into the community to assist people to donate food, with the goal of saving over 400,000 kilograms of food in 3 years.

"Rice Boy" will become part of the smart donation machine/collection box with an interactive touch screen, where you can easily donate edible surplus food (dry goods) and get information about the project,



such as the location of donation machines/collection boxes, service status and food donation tips. Accompanied by "Rice Boy", donors will be able to enhance their knowledge and experience of food saving in a fun environment. The donated food will be used to help the Food Angel make meals or food packages for free distribution to those in need of food assistance.

Donation machines/collection boxes are planned to be placed in different locations such as shopping malls, commercial buildings, housing estates, schools and corporations in phases.

Please join us and become a "Food Smart Buddy".

New Services

in Response to the Pandemic

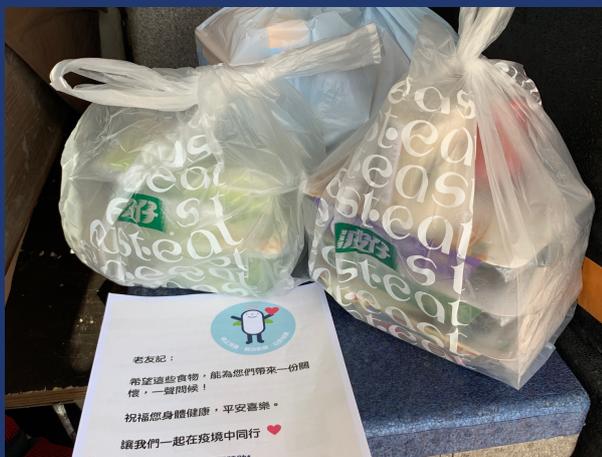
The COVID-19 situation in Hong Kong is seriously affecting the everyday lives of underprivileged people, and Food Angel immediately launched new services to meet the needs of service users.



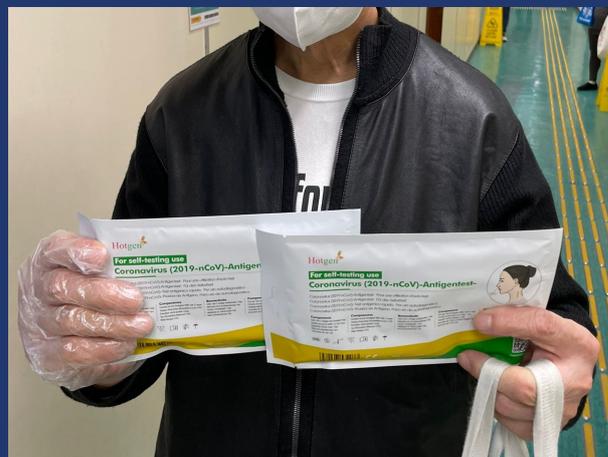
“COVID Supply Machine”, where members can take supplies in a convenient way



“Food Vouchers”, where eligible families redeem for free food via the App at nearby supermarket stores



“Cross-district Delivery Service”, where comprehensive food packs are delivered the doors of needy and frail elderly



COVID supplies to help people in need

We hope to connect resources in the community, and stand together and support each other in this difficult time.

We're grateful for the continuous support from all our regular donors. The 2021-2022 financial year annual receipt will be sent out by late April.